At i-Behind the Ink, we encourage and create awareness about Mental Health and equip teams to prioritize their Well-being in organizational, group, and community settings. Using Art as a tool for expression and the SEE Learning framework we customize our programs and curriculums to cultivate compassion, build resilience, and cope with everyday stressors.

Over the span of two years, we have collaborated with various organizations and institutions to design, create, and implement curricula and projects for youth, employees, students, and beneficiaries at the grassroots.
Nurturing Adolescence with Values and Aspirations through Art

A group based curriculum for encouraging work-life balance and mental health awareness in working professionals

Evolving Spaces for Healing and Acceptance through Art

Specifically designed curriculum to address emotional, social and physical needs and challenges of adolescents and young adults

MAMTA

Mental Health Awareness for Mothers through Art

Workshops for primary care-givers of families equipping them with tools to prioritise self-care and well-being

TEJAS

Transitional Employment Journey Assisted Services

Workshops for longtime service personals before retirement to aid smooth transitioning

Our Programs
Projects & Collaborations

Studybase
PowerUp School Education

AIF AMERICAN INDIA FOUNDATION

RuFu Fellowship
BALIPARA FOUNDATION
Assam • India

UMOYA SPORTS
PLAY BEYOND BARRIERS

Youth Dreamers Foundation
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